

United Ryukyu Kempo Alliance  
Yellow Belt 8th Kyu (Hachikyu)  
Requirements

Name \_\_\_\_\_ Date \_\_\_\_\_

Knowledge: Guiding Principles (1 and 2) \_\_\_\_\_

Stances: Seisan  
Neko Ashi \_\_\_\_\_  
\_\_\_\_\_

Blocks: Block Combination  
(side punch, outside, down) \_\_\_\_\_

Kicks: Side  
(Yoko Geri) \_\_\_\_\_

Kata: Naihanchi Shodan \_\_\_\_\_

Exercise: Two (Single, high, double, punch in 4 directions) \_\_\_\_\_

Completion Date: \_\_\_\_\_

Test Date: \_\_\_\_\_

United Ryukyu Kempo Alliance  
Orange Belt 7th Kyu (Shichikyu)  
Requirements

Name \_\_\_\_\_ Date \_\_\_\_\_

**Knowledge:**

Guiding Principles (3 and 4) \_\_\_\_\_

**Stances:**

Moving (Seisan w/blocks & punches) \_\_\_\_\_

**Kicks:**

Maewashi Geri \_\_\_\_\_  
Fumikomi yoko Geri \_\_\_\_\_

**Sanbom Kumite:**

High, Middle, Down block, Punch (stage 1) \_\_\_\_\_

**Kata:**

Naihanchi Nidan \_\_\_\_\_

**Exercise:**

Three (hand combinations) \_\_\_\_\_

1 (single double/single double)

2 (face triple triple/face triple triple)

3 (block punch, pull punch punch/block punch, pull punch punch)

**Completion Date:** \_\_\_\_\_

**Test Date:** \_\_\_\_\_

United Ryukyu Kempo Alliance  
Purple Belt 6th Kyu (Rokkyu)  
Requirements

Name \_\_\_\_\_ Date \_\_\_\_\_

Knowledge: Guiding Principles (5 and 6) \_\_\_\_\_

Stances: Moving (Neko Ashi) \_\_\_\_\_

Kicks: Mae geri - Yoko geri combination  
Maewashi geri - Yoko geri combination \_\_\_\_\_  
\_\_\_\_\_

Kata: Naihanchi Sandan \_\_\_\_\_

Exercise: Four (continuous hand motion) \_\_\_\_\_

Kobudo: Bo Exercise \_\_\_\_\_

Completion Date: \_\_\_\_\_

Test Date: \_\_\_\_\_

United Ryukyu Kempo Alliance  
Blue Belt 5th Kyu (Gokyu)  
Requirements

Name \_\_\_\_\_ Date \_\_\_\_\_

Knowledge: Guiding Principles (7 and 8) \_\_\_\_\_

Stances: Maki Dachi \_\_\_\_\_

Blocks: Pinan (double strike) \_\_\_\_\_

Sanbom Kumite: High, Middle, Down block, Punch (stage 2) \_\_\_\_\_

Kata: Tomari Seisan \_\_\_\_\_

Exercise: Five (open hand w/Nekoaski) \_\_\_\_\_

Techniques: (waza) Te-hiri getami, Hiji getami, Ude getami \_\_\_\_\_

Completion Date: \_\_\_\_\_

Test Date: \_\_\_\_\_

United Ryukyu Kempo Alliance  
Green Belt 4th Kyu (Yonkyu)  
Requirements

Name \_\_\_\_\_ Date \_\_\_\_\_

**Knowledge:**

Guiding Principles (9 and 10) \_\_\_\_\_

**Kumite:**

Rules \_\_\_\_\_  
Use of Equipment \_\_\_\_\_  
Own Equipment (Mouthguard, Mitts, Foot Protectors) \_\_\_\_\_  
Basic strategies \_\_\_\_\_

**Kata:**

Pinan Shodan \_\_\_\_\_  
Pinan Nidan \_\_\_\_\_

**Exercise:**

Six (palm heel blocking) \_\_\_\_\_

**Kobudo:**

Bo Kihon \_\_\_\_\_

**Completion Date:** \_\_\_\_\_

**Test Date:** \_\_\_\_\_

United Ryukyu Kempo Alliance  
Brown Belt 3rd Kyu (Sankyu)  
Requirements

Name \_\_\_\_\_ Date \_\_\_\_\_

Knowledge: Dojo Kun (personal explanation) \_\_\_\_\_

Kumite: Equipment Handling \_\_\_\_\_

Sanbom Kumite: High, Middle, Down block, Punch (stage 3) \_\_\_\_\_

Kata: Pinan Sandan \_\_\_\_\_  
Pinan Yondan \_\_\_\_\_

Exercise: Seven (moving stances w/palm heel blocking) \_\_\_\_\_

Kobudo: Kobudo Second Choice \_\_\_\_\_

Completion Date: \_\_\_\_\_

Test Date: \_\_\_\_\_

United Ryukyu Kempo Alliance  
Brown Belt 2nd Kyu (Nikyu)  
Requirements

Name \_\_\_\_\_ Date \_\_\_\_\_

Knowledge: Ryukyu Kempo Lineage \_\_\_\_\_

Kumite: One round (two minutes) \_\_\_\_\_

Kata: Pinan Godan  
Passai \_\_\_\_\_  
\_\_\_\_\_

Exercise: Eight (combination w/exercise two format) \_\_\_\_\_

Kobudo: Kumi Bo Shodan (Combat Bo 1) \_\_\_\_\_

Completion Date: \_\_\_\_\_

Test Date: \_\_\_\_\_

United Ryukyu Kempo Alliance  
Brown Belt 1st Kyu (Jkkyu)  
Requirements

Name \_\_\_\_\_ Date \_\_\_\_\_

**Knowledge:**

Personal character examination  
Japanese terminology  
Mission Statement

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Kumite:**

One round (two minutes)

\_\_\_\_\_

**Sanbom Kumite:**

High, Middle, Down block, Punch

\_\_\_\_\_

**Kata:**

Kusanku  
Niseishi

\_\_\_\_\_  
\_\_\_\_\_

**Exercise:**

Nine  
Ten

\_\_\_\_\_  
\_\_\_\_\_

**Techniques: (waza)**

Ippon Kumite (6-10)

\_\_\_\_\_

**Completion Date:** \_\_\_\_\_

**Test Date:** \_\_\_\_\_

# Student Training Record

| Rank                | Test Dates |
|---------------------|------------|
| 9th Kyu (Black tip) | _____      |
| 8th Kyu (Yellow)    | _____      |
| 7th Kyu (Orange)    | _____      |
| 6th Kyu (Purple)    | _____      |
| 5th Kyu (Blue)      | _____      |
| 4th Kyu (Green)     | _____      |
| 3rd Kyu (Brown 3)   | _____      |
| 2nd Kyu (Brown 2)   | _____      |
| 1st Kyu (Brown 1)   | _____      |